

EMPOWERED VOICE

FALL/WINTER 2025

Letter from Executive Director Aja Osita

In the last year, our community stood stronger than ever against domestic violence and those who would attempt to undermine our work. Thanks to the incredible commitment of every one of our staff members, Board members, and your unwavering support — we centered safety, healing, and hope in relationship with over 18,400 survivors and their community.

Our Home Safe program maintains safe and secure housing support, our advocates answered thousands of DVHopeline calls, our Community Advocacy and Mental Health programs meet every survivor where they are, and our prevention programs reached hundreds of youth, planting seeds for a future free from abuse. But behind every statistic is a story—a person finding peace, a child rediscovering joy, a survivor reclaiming their voice and power. While these victories belong to each of those survivors, we all get to celebrate them together

As we reflect on our impact, we also look ahead. In 2025, we have been embarking on our next strategic planning process to shape

the future of New Beginnings. The road to ending domestic violence is long, but together, we are building a world where every person feels safe, valued, and heard. Thank you for walking beside us.

In joy,



Aja Osita
Executive Director



New Beginnings is happy to share some updates about the work our programs did in 2024. To read more about the impact of our work, as well as to hear the stories of the incredible staff and program participants who do it, check out our full 2024 Impact Report.



Scan to read the full 2024 Impact Report

Social Change

Prevention programs reached **424 youth** and **103 adults**



Home Safe

31 adults and 45 children were enrolled in Bridge apartments

35 adults and 47 children were enrolled in Rapid Rehousing through Home Safe

Community Advocacy Program



337 individuals enrolled in CAP programs

29 adults and 33 children enrolled in Rapid Rehousing via CAP



Join us for Domestic Violence Awareness ~~Awareness~~ **ACTION** Month

October is national Domestic Violence Awareness Month—a time to highlight the importance of the issue of domestic violence. At New Beginnings, we know that our community is painfully aware of domestic violence. With your help, we can go beyond awareness and instead take action to support survivors and prevent future domestic abuse through education and community connection.

So, this October, we hope you'll take one of the following actions to help us build a future without domestic violence:



Donate Now

Your gift helps us continue our survivor-led, trauma informed programs that are crucial to survivors of domestic abuse, as well as the prevention of future abuse. Consider maximizing your impact by joining our Hope Network of monthly donors. The support of our Hope Network community is key in sustainably funding our programs.



Create a Legacy

Leave a lasting impact on survivors in our community by including New Beginnings as a recipient in your will. These immensely meaningful gifts provide structural supports that help our work to continue and thrive. To discuss this process, please contact our Director of Development, Tracy Buck. You can email Tracy at tbuck@newbegin.org or call her at 206-710-5421.



Stay In Touch

If you haven't yet, sign up for our email list to stay up to date on our work! We provide monthly update emails, regular newsletters, event invites, and other opportunities to connect with the work.

If you're already signed up—tell a friend about us! You can help our cause by inviting others to learn more about our work, join an event, donate, or sign up for email communications.



Scan here or visit our website at newbegin.org to donate or sign up to receive updates on our work!

DVHopeline



16,525 total phone calls



757 total online chats



Mental Program

Clinicians served 58 people

Join us for an upcoming event!



Scan to register for any of these free events!

Questions about any of these events?
Email nzaidi@newbegin.org.

Community Chat: Peaceful Homes Collaging

October 18th, 1-3pm

The Shop, 2802 Madison Ave, Seattle, WA

Drop in to our Peaceful Homes Collaging session on Saturday, October 18th from 1-3pm! We'll bring the collaging materials and share more about our housing programs for survivors. We'd love to see your creative take on a peaceful home. We'll be gathering at The Shop on 2802 Madison Ave. We'll have some refreshments!

Community Chat: Boundaries

November 19th, 5:30-6:30pm

Virtual

Join us to chat about boundaries this Wednesday November 19th from 5:30-6:30pm PST. We'll cover some foundational skills about boundaries through discussion and a game! This event is virtual over Zoom.

Community Chat: Card Making & Cocoa

December 10th, 4:30-6:30pm

Chocolati, 8319 Greenwood Ave N, Seattle, WA

Drop in to Chocolati to make cards for the holidays and enjoy chocolate! We will bring card making supplies and treats.



PO Box 75125, Seattle, WA 98175

STAY CONNECTED

**Want more information on how
to empower survivors and
mobilize our community?**

Follow us online to learn more here!

 facebook.com/newbeginningsendingdv

 instagram.com/newbeginningsendingdv

 newbegin.org

Due to the sensitive nature of this material, all names and identifying details have been changed to protect the confidentiality of survivors; these blended stories represent the challenges and successes of many survivors who have used our programs. In addition, stock photography is used in most cases to further protect the ongoing safety of our current and past participants.