



Letter from Board Chair *Danielle Brower*

Being part of the Board of New Beginnings has deepened my understanding of what it truly means to lead with community, compassion, and purpose. One of the things I value most about New Beginnings is our unwavering commitment to meeting people where they are, offering not only safety, but also hope, healing, and long-term support. I continue to be moved by how New Beginnings leads with care, integrity, and an unshakable belief in the power of survivors and communities to create change.

For nearly 50 years, New Beginnings has been a grassroots organization fueled by people in the community showing up for one another, often in the face of incredible challenges. That history of resilience, compassion, and collective action is woven into everything we do. As we look towards the next 50 years, we’re taking time to celebrate the impact of five decades of survivor-centered advocacy while envisioning a future shaped by the voices of survivors, grounded in community leadership, and built on equity, healing, and connection.

The future of New Beginnings is full of possibility and is fueled by our relentless drive to grow, adapt, and

lead with intention. We’re not just responding to the needs of survivors; we are pushing for change in the systems that cause harm and reimagining what survivor-centered support can look like. I want everyone to know that New Beginnings is more than a service provider. We are a catalyst for transformation walking alongside survivors, investing in the people who support them, and building safer, more just communities through bold, community-driven work.

I am continually energized by what’s possible when our community comes together to create change and deeply grateful for everyone who makes this work possible. Together, we’re building something powerful: a future where safety, dignity, and justice are not only possible, but expected.

Sincerely,



Danielle Brower
Board Chair

2025 Board of Directors

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Letter from Executive Director *Aja Osita*

This year, our community stood stronger than ever against domestic violence and those who would attempt to undermine our work. Thanks to the incredible commitment of every one of our staff members, Board members, and your unwavering support — we centered safety, healing, and hope in relationship with over 18,400 survivors and their community.

Our Home Safe program maintains safe and secure housing support, our advocates answered thousands of DVHopeline calls, our Community Advocacy and Mental Health programs meet every survivor where they are, and our prevention programs reached hundreds of youth, planting seeds for a future free from abuse.

But behind every statistic is a story—a person finding peace, a child rediscovering joy, a survivor reclaiming their voice and power. While these victories belong to each of those survivors, we all get to celebrate them together.

As we reflect on our impact, we also look ahead. In 2025, we will embark on our next strategic planning process to shape the future of New Beginnings. The road to ending domestic violence is long, but together, we are building a world where every person feels safe, valued, and heard. Thank you for walking beside us.

In joy,



Aja Osita
Executive Director

New Beginnings Leadership Team

- Aja Osita**, *Executive Director*
- Danielle Desrosiers**, *Director of Programs*
- Mike Scott**, *Director of Operations and Technology*
- Tracy Buck**, *Director of Development*
- Hilary Bowker**, *Social Change Program Director*
- Trenewsia Wilson**, *Clinical Supervisor*
- Becky Jackson**, *Community Advocacy Program Co-Director*
- Kimberly Morrill**, *Community Advocacy Program Co-Director*
- Jamilah Mabruk**, *Home Safe Program Director*
- Shaida Bibby**, *DVHopeline Program Director*

What makes New Beginnings services *unique?*

Trauma Informed: We meet survivors where they are in the process of experiencing and healing from domestic violence. There is no universal solution, and all survivors experience trauma uniquely. We want to give people a safe, non-judgmental place to reorient to self-determination and the power of choice.

Survivor Driven: Our programs are focused on and tailored to what survivors tell us they need. All services are opt-in and free of charge. Survivors can access all programs and services we offer, regardless of their relationship status. Survivors know what is best for them, so they set the pace of their healing process.

Home Safe

Home Safe is New Beginnings’ housing solution program providing people who are experiencing domestic violence with temporary housing, advocacy, and services to move clients into permanent housing. We offer services including support groups, safety planning, legal advocacy, mental health counseling, and rental assistance. These resources help survivors successfully reintegrate into their communities.

Bridge Apartments

Our 17-unit apartment building is called “Bridge” because it bridges the gap between emergency and transitional housing. Home Safe Advocates build and leverage relationships with landlords and housing authorities, allowing Home Safe to quickly help survivors find and secure housing to meet their goals and desires.

In 2024, 31 adults and 45 children were enrolled in Bridge apartments

Last year, Home Safe continued to deepen our support for survivors by creating moments of joy, connection, and healing alongside our core advocacy work. We partnered with a free clothing closet and a salon that works with all hair types to give participants vouchers for haircuts or styling. This was a small but powerful way to help folks feel good in their bodies and take back a sense of control and dignity. We also showed up in the ways that build real community.

Rapid Rehousing

New Beginnings is proud to be a part of the network of Rapid Rehousing providers in King County. This program provides short-term rental assistance to help survivors secure or maintain stable housing, as well as hotel vouchers to help survivors in crisis situations. Rapid Rehousing is supported through our Home Safe and Community Advocacy programs.

In 2024, 35 adults and 47 children were enrolled in Rapid Rehousing through Home Safe

Home Safe hosted a back-to-school party, a Halloween celebration, a Mother’s Day event, an International Women’s Day gathering, and a winter party with a photographer and face painting. These events created space for families to laugh, relax, and feel normal again—sometimes for the first time in a long time. At the heart of it all, Home Safe is growing a community where survivors are safe, celebrated, and supported in all parts of their journey.

Community Advocacy Program

New Beginnings offers one-on-one advocacy to survivors of intimate partner violence and facilitates individualized services tailored to what each survivor and their family needs. Our hard-working survivor advocates provide one-on-one support to survivors on how to navigate our services, community resources, and systems. We create a safe place for the healing journey to begin by encouraging survivors to set and work toward their own goals.

Our advocacy services include:

- One-on-one support from trained staff
- Tailored Advocacy
- Safety Planning
- Housing Support and Navigation
- Legal advocacy and a weekly family law clinic
- TECC clinics (for those experiencing technology abuse)
- Financial assistance
- Support groups
- Referrals for Mental health therapy

2024 STATS



337 individuals enrolled in CAP programs in 2024



29 adults and **33** children enrolled in Rapid Rehousing via CAP in 2024



“I do this work because I believe that everyone deserves a safe place to call home. Housing is not just a roof over someone’s head, it’s the foundation for healing, rebuilding, and reclaiming power after trauma. As a Housing Advocate, I have the opportunity to work alongside survivors at one of the most critical times in their lives; the moment they choose safety and begin the journey toward stability and independence.

Survivors face many barriers whether it be financial, emotional, or systemic, when trying to escape abuse. Many are forced to choose between violence and homelessness. Rapid Rehousing changes that. It offers not just shelter, but dignity, agency, and the belief that a different future is possible.”

– CAP Housing Advocate

The DVHopeline is a free, safe and confidential domestic violence advocacy helpline for any person, from any community, of any age, gender, or ability. This critical and free-to-use program provides support, safety, empowerment, and prevention within the community. When a contact reaches out to DVHopeline, an advocate will be able to assess and support both their short-term and long-term domestic advocacy needs.

DVHopeline Advocate Testimonials

“The DVHL makes accessing DV Advocacy, supports and resources more accessible to our community. Before the DVHL existed, I know that survivors of DV trying to get support had to make numerous calls and repeat their stories over and over again, which was exhausting and retraumatizing. Now, there’s a centralized place they can contact. I know that people are safer and better supported with the DVHL.”

“I value the way advocates listen as survivors tell their stories in a safe space while acknowledging that they are not alone and not responsible for the abuse they’ve endured.”

“I like that survivors can call us confused and overwhelmed, not knowing what to do about their situation, and end the call feeling empowered.”

2024 STATS



16,525 total phone calls



757 total online chats

www.dvhopeline.org
206-737-0242

The **four major needs** that are uplifted from contacts:



Housing



Legal



Financial Assistance



Mental Health Support

Skills and Services provided by trauma-informed DVHopeline survivor advocates:

- Emotional support and safety planning
- Legal advocacy
- Housing advocacy
- DV education and prevention information
- Enrollment in Address Confidentiality Program (ACP)
- Assessment of needs for referrals to Community Advocacy Programs (CAP)
- Discernment and assessment completion for Domestic Violence Coordinated and Housing Access Point (DVCHAP)
- Information sharing on emergency, confidential, domestic violence shelters
- Confidential case consult collaboration
- Warm transfers to resources

Mental Health

Being a trauma-informed organization means that the prioritization of mental health is key to each and every one of our services. In 2024, New Beginnings:

- Expanded our clinical mental health services from one clinician to two
- Hired an outreach coordinator for mental health services
- Started our first group therapy program
- Provided several thousand dollars in direct client assistance through our mental health program

Our mental health clinicians served **58** people in 2024

Social Change

Prevention is about both unlearning harmful cultural norms and behaviors and learning interpersonal skills for healthy relating. We educate and facilitate conversations about healthy relationships with survivors, their families, and the larger community. This enables people to grow into informed community leaders who not only have more peaceful relationships, but also live in a safer, more respectful society.

New Beginnings offers a variety of programs that aim to create awareness of and prevent future domestic violence. These programs include:



Crushin' It, which pairs with 10 middle schools to provide a multi-week domestic violence prevention curriculum to 7th and 8th grade students



Summer Youth Empowerment and Leadership Program, a multi-day workshop for youth ages 12-18 that educates attendees on healthy relationships



Teen Leadership Council, where prevention educators provide support to a group of 9th to 12th graders to provide peer-led training and develop student-led prevention projects



Parent Teacher Workshops, where advocates provide training, resources, and support for parents and teachers to recognize signs of and prevent teen dating abuse



In 2024, Social Change programs reached **424** youth and **103** adults with prevention programming.

Responses from anonymous surveys of 7th and 8th grade students in the Crushin' It prevention program:

"It's very helpful because before I was scared of saying no, and I would always do stuff I didn't want to do but now I have more confidence."

"I loved this group. It was safe and non-judgmental and really taught me a lot. It is a good way to stay educated on a topic that is very important but often overlooked."

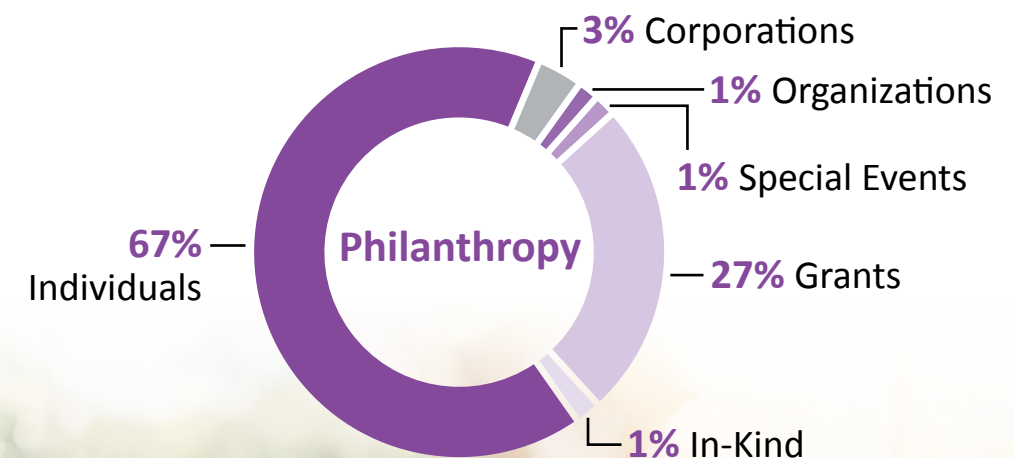
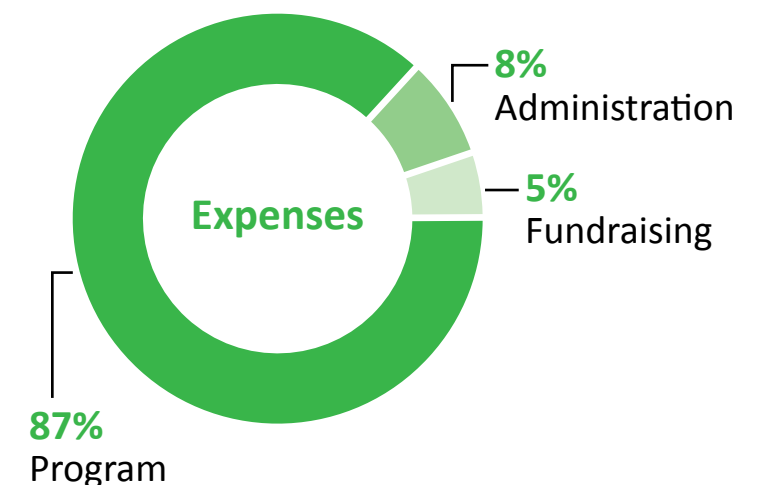
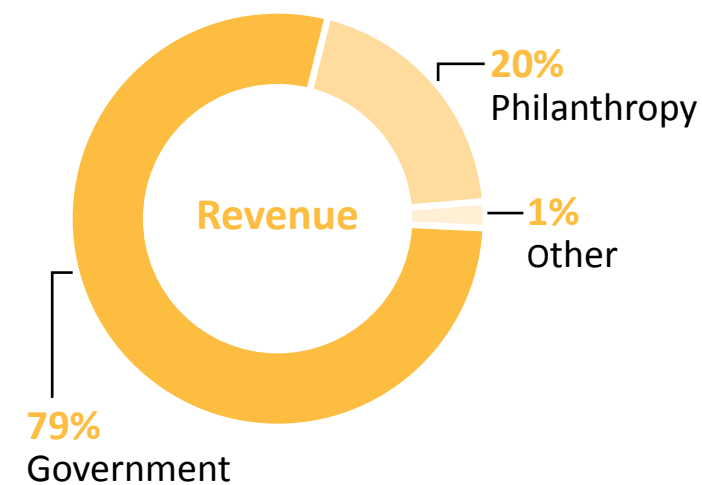
"Thank you! This helped me get out of a bad relationship (friend)."

"It was really helpful and informed me and I looked forward to it all week. This class is very fun and helpful program."

"I love this group it is nice to learn about these topics with fellow students. I feel very included and that I learned very important things that I will use for the rest of my life."

"This was the best learning experience ever, I made better and new relationships!!!"

2024 Financials



Hope Network

New Beginnings wants to celebrate our Hope Network, a community of donors who give each month to support our services and survivors. Our Hope Network members include a strong, passionate community. Recurring support is critical for reliable income, for sustainability and future planning, as well as maximizing the impact of supporting survivors and the communities we serve.

For this community, we hope to provide convenience in their giving, with no hassle automated monthly donations, and to create a sense of community and knowing they are part of the work to end domestic violence. We are forever grateful for our Hope Network community.

In 2024, we had **59** Hope Network donors who raised more than **\$30,000** with their recurring giving plans.

Hope Network Donor Testimonials:

“We give to New Beginnings to support people in one of the most important transitions in their lives. They are being courageous in the face of fear and change while often having to leave financial security. People may not seek this bold step to their personal liberation because of the question of resources. Having this safety net helps make the very difficult uprooting and choice just that much easier. There is enough for these people and families to navigate personally and internally during a stressful time. They should have everything they need to start their lives over.”

– Amy Lindsey Richards and John Richards

“I became a Hope Network member in 2018 to support an established, local Domestic Violence organization. I believe every DV survivor deserves not just immediate safety, but the comprehensive support needed to rebuild their life with dignity and independence. I continue my financial commitment to New Beginnings because of their innovative holistic approach—addressing everything from the individual needs of a survivor to root cause education in the community—creates lasting pathways to prevent DV.”

– Joanna

“I support New Beginnings for several reasons. First, there is the essential work they do with people whose lives are affected by domestic violence.

- *The DVHopeline that is often the only link to escaping violence for so many people in Seattle.*
- *Their housing program that welcomes the whole family, pets included! It is one of the few in the entire country to do so.*
- *Survivors have access to critical legal advocates who help them navigate a legal system that still does a poor job of protecting them.*

Lastly and quite possibly my favorite, is the prevention work they do with young people. Their Healthy Relationships in middle schools and Youth Leadership programs are nothing I have ever seen before. My own child participated in both, and I continue to be amazed by what they gained in them - emotional intelligence, understanding their power and capacity to set healthy boundaries. They have a wisdom at 16, that took me decade to gain!”

– L.M.

Get Involved

New Beginnings has accomplished so much since its founding in 1976. Part of our success comes from the support of our community. We invite you to join us in standing with survivors of domestic violence. Together, we can build a world free of violence and oppression, reflected in peaceful relationships and communities. **We can end domestic violence.**

Donate Now

Your gift helps us continue our survivor-led, trauma-informed programs that are crucial to survivors of domestic abuse, as well as the prevention of future abuse.

Consider maximizing your impact by joining our Hope Network of monthly donors. The support of our Hope Network community is key in sustainably funding our programs.

Create a Legacy

Leave a lasting impact on survivors in our community by including New Beginnings as a recipient in your will. These immensely meaningful gifts provide structural supports that help our work to continue and thrive.

To discuss this process, please contact our Director of Development, Tracy Buck. You can email Tracy at tbuck@newbegin.org or call her at 206-710-5421.

Join Us at an Upcoming Event

We regularly host a variety of events for our community to connect with us and learn more about preventing and responding to domestic violence. Visit our website to see what events we’re hosting soon!



Scan the QR code or visit newbegin.org to donate, learn about upcoming events, and receive updates on how New Beginnings is raising awareness, supporting survivors, and working to end domestic violence.

Stay In Touch

If you haven’t yet, sign up for our email list to stay up to date on our work! We provide monthly update emails, regular newsletters, event invites, and other opportunities to connect with the work.

If you’re already signed up—tell a friend about us! You can help our cause by inviting others to learn more about our work, join an event, donate, or sign up for email communications.





PO Box 75125, Seattle, WA 98175



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oppression, reflected in peaceful
relationships and communities.

www.newbegin.org