

EMPOWERED VOICE

From devastating illness to strength and survival

Thanks to you, Leonora is much happier and healthier than she was three years ago.



Since her arrival in the US, Leonora's husband refused to support her basic needs. In the short nine months she had been here, she had four gall bladder surgeries, all of which were avoidable as he was forcing her to eat foods that exacerbated her existing health issues. He ignored her complaints of illness and refused to translate the medical bills for her, causing her to fall behind on her payments.

You gave Leonora shelter. When she arrived at New Beginnings, she was physically, emotionally and mentally distraught. Throughout her stay, she battled anxiety and depression. But because of you and her hard work with her advocates, she bravely tackled her challenges. She found housing, filed a Protection Order against her husband and got 100% of her medical bill forgiven – all in 56 days. According to the Shelter staff, "she began to smile and laugh a little more each day."

When Leonora moved out on her own, she told us, "I know I will be strong and independent because New Beginnings helped me so much." And your support didn't stop there! Leonora is now receiving continued support on her journey to a new life through our Community Advocacy Program.

You truly changed Leonora's future!

Increase your impact: You can make a change



Change Agents give monthly gifts to support New Beginnings.

- Monthly donations increase the impact you can make. Even a small monthly contribution can make a big difference over time. Your loyal gifts offer us dependable funding to ensure we can fulfill our mission to end domestic violence.
- Instead of one large gift, 12 small monthly gifts are easier on your budget.
- Automatic payments make giving to New Beginnings convenient for you.
- Make a difference not just once per year, but every month! Your investment aids in bettering the lives of women and children as well as adding much needed support for our social change work.

To become a Change Agent, contact Brittny Nielsen at bnielsen@newbegin.org or 206-926-3034.

Make a lasting gift

Remember New Beginnings in your will

One way to give without pinching your everyday pennies is to remember New Beginnings in your will. When you plan a gift in your will or living trust, called a charitable bequest, you will ensure domestic violence survivors always have a place to turn for help at New Beginnings. Bequests offer these benefits:

- **Simplicity.** Just a few sentences in your will or trust are all that is needed.
- **Flexibility.** Because you are not actually making a gift until after your lifetime, you can change your mind at any time.
- **Versatility.** You can structure the bequest to leave a specific item or amount of money, make the gift contingent on certain events, or leave a percentage of your estate to New Beginnings.
- **Tax Relief.** If your estate is subject to estate tax, your gift is entitled to an estate tax charitable deduction for the gift's full value.

We Can Help

Contact Rachele Nesta at 206.926.3036 or rnesta@newbegin.org with any questions about naming New Beginnings in your will or living trust. We're happy to help, without obligation.





From tragedy to action

Remembering Marisa Peach



Marisa Peach, a native of Seattle, was murdered by her fiancé on January 5, 2007 in Harrisburg, PA. He was convicted and sentenced to a maximum 20 – 40 year sentence for 3rd degree murder.

When Marisa was killed, her family and friends put their mourning into action to end domestic violence. Marisa’s friend Karen Martin formed Steps Against Domestic Violence to raise money for local domestic violence agencies in Pennsylvania.

Inspired by Karen, the Peach Family decided to bring the event to Marisa’s home city of Seattle. Steps Against Domestic Violence – Seattle was born and New Beginnings was selected as the beneficiary. Over the event’s six year lifetime, Arthur Peach, Marisa’s brother, and her family have raised more than \$25,000 in Marisa’s memory for children’s services at New Beginnings! All of us at New Beginnings would like to say thank you to everyone who supported this event and especially the Peach family for turning the loss of their beloved Marisa into an inspiring event to raise awareness about domestic violence.



PO Box 75125, Seattle, Washington 98175

ARE YOU AT RISK? WARNING SIGNS OF DOMESTIC VIOLENCE



- Jealousy and possessiveness
- Monitoring your whereabouts/checking your cell phone
- Rapidly progressing your relationship
- Pressuring you to isolate from family and friends
- Blaming you for what is wrong: *"It's because of you that I get so mad."*
- Manipulating emotions and guilt tripping: *"If you really loved me..."*
- Threats

If you need help now or want to learn about your options, please call our 24 hour Helpline: 206-522-9472.

A look at your gift at work

From your home to ours

If you had to leave your home with very little, what would you need to replace? If you were running an extra-large household, what would you need?

That's what we need too.

We'll also need back to school items for all the children currently in our programs. To learn more about how to help, please contact Brittney Nielsen at bnielsen@newbegin.org.

You made Sarah's dream come true

Your gifts offer survivors a chance to attend classes, get their driver's license, buy special job-related shoes or



uniforms and even eyeglasses! When Sarah moved into New Beginnings' Transitional Housing apartments, she wanted to go back to school but wasn't sure how to make it happen. Her dream was to become a cosmetologist but she did not have the resources to afford the tuition. You sent Sarah to school with your loyal donations. She's graduating next fall thanks to your generosity!

FIND US ON AMAZON SMILE!

Whenever you buy something on Amazon, go instead to **smile.amazon.com** and select New Beginnings as your charity.

Amazon will donate 0.5% of the purchase price on eligible items to us!



Thank you for your support!

